

A Social Guide for an Independent Teen or Adult Visit to the Peggy Notebaert Nature Museum



Introduction

The Nature Museum is a place where I can learn about nature and science! There are outdoor nature trails, and indoor exhibits that have live animals, art, preserved specimens, playrooms, and more.

I can read this story to get ready for my visit.

I will learn how to enter the museum, how to move around the building, and where I can go if we need help during my visit.

Entrance

This is the entrance to the Nature Museum.

On my way inside, I will walk past lots of plants and maybe some animals too.

I can walk through any of the doors to get into the lobby



The Lobby

When we walk through the front doors we will be in the lobby. There might be a lot of people in the lobby, or it might be noisy. This is okay, there are other places in the museum that will be quieter.



Ticketing and the Front Desk

I can get my ticket at the front desk. I might have to wait in line until it is my turn to get a ticket.

The person who works at the front desk is very helpful. I will have a conversation with the worker in order to get the right ticket. The front desk worker can answer my questions, or help me find places in the museum that sound interesting.

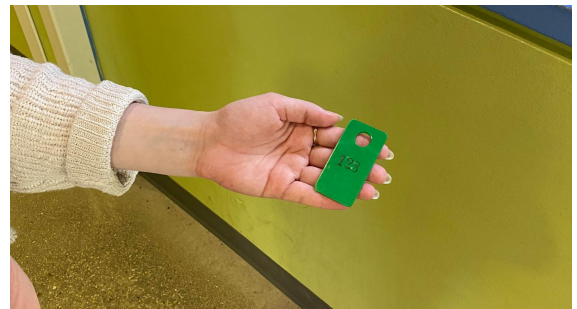


Coat Check

I can store my coat at coat check if I do not want to carry it through the museum. I might have to wait in line until it's my turn to give my items to the coat check attendant.

If there isn't a worker at the coat check window, I can press the doorbell for help. The coat check attendant will be there soon.

When I give my items to the coat check attendant, they will give me a tag. This tag helps the workers identify my items. I will keep it with me while I visit the museum and return it when I am ready to leave.



Coat Check and Sensory Backpack

I can also borrow a sensory backpack from coat check. Inside the backpack, I can find fidget toys, noise cancelling headphones, take a break books, and a turtle plush.

I can use the backpack for my whole visit.



Sound & Light Sensitivity



noise reduction
headphones



sunglasses

Comfort



take-a-break books

Calm & Concentration

magic ball
stress-reliever
twelve-sided tactile
and logic game sphere



turtle plush

Fidget Toys | bend them, fold them, squish them, stretch them



squishies



marble fidgets



fun noodles

Helpful People at the Museum

There are lots of people at the museum who can help me if I need something. Everyone is friendly, kind, and happy to meet me.

If I have questions, I can ask a Guest Experience Associate, a Volunteer, or a Security Guard. They will help me find an answer.

If I came to the museum in a group and can no longer find my group, all of these people can help me find them.



Getting Around the Museum

There are lots of indoor exhibits on the first and second floors of the museum. The third floor has one outdoor exhibit.

I can use the stairs to get to the second floor, or the elevator to get to the second and third floors.



If I need to sit down and eat, I can sit and eat at the tables in the lobby. I can also sit outside in the Ravine if the weather is nice.

Taking a Quiet Break

If I need a quiet place to take a break, that is okay. I can ask the front desk for help. A worker can let me into the private Quiet Room if it is available. I can use the quiet room as long as I need to.

In the Quiet Room, there is a couch, a chair, a desk, noise cancelling headphones, books, and more.



The Butterfly Haven

One exhibit we can go to is called the Butterfly Haven. This exhibit is a room made of windows that has lots plants, a waterfall, small birds, and over 1000 butterflies from all over the world.

Some people work in the Butterfly Haven. They are there to make sure butterflies do not escape the exhibit. One of these workers is right by the entrance. I can say hi.



The Butterfly Haven

Butterflies might fly close to us, or even land on us. That is okay, butterflies cannot hurt us at all, but it might tickle a little if they land on us.

If we do not want a butterfly on us, we can gently shake our bodies so the butterfly flies away. Butterflies are very delicate, so we should not try to touch them.



The Butterfly Haven

When we are ready to leave the Butterfly Haven, another worker at the exit might ask us to look in the mirror to make sure we don't have any butterflies on us. They also may look in our bag, just to be sure butterflies aren't hiding inside.



Leaving the Museum

When it is time to leave the museum, we can exit out the door we entered through in the lobby.



We will be sure to pick up our coats and bags if we left them at coat check, or drop off the sensory backpack if we borrowed one. We may have to wait in line at coat check

Leaving the Museum



Some people like to visit the Nature Museum all day, and some people like to visit for a short time. Both are good visits. The most important thing is that we enjoyed our time at the Nature Museum.